

PROFESSIONAL-DEVELOPMENT ACTIVITY TYPES

GENERAL PROFESSIONAL DEVELOPMENT NO MINIMUM CEUs

- General Professional Development is an educational activity in which the provider has an established curriculum or predetermined educational content.
- All activities under General Professional Development require pre-approval unless administered by Approved Providers.
- Seminars/lectures must include opportunity for interactive discussion between presenters and attendees.
- Webinars must be in real time with the opportunity to interact with the presenter.
- Guidelines for academic coursework:
 - Courses must be completed at an accredited college or university.
 - Course must be commenced after CCFT is obtained and completed on or prior to end of recertification interval.
 - All coursework requires pre-approval and should be submitted prior to enrollment. Course content must be relevant to being an effective trainer (to include topics related to CrossFit, coaching, leadership, business management, critical thinking, and effective communication).
 - Clinical practicum hours can be counted if practicum credit appears as a separate offering on the transcript. If it is a required part of coursework, credit will be given for the registered course only.

POSSIBLE ACTIVITIES	NUMBER OF CEUs	DESCRIPTION FOR ACTIVITY LOG	DOCUMENTATION TO SUBMIT AND RETAIN
Continuing medical education (CME) seminars Continuing education (CEU) seminars for healthcare providers*	1 CEU per contact hour	Program title, instructor, date completed, CEUs earned	Certificate of attendance
Coaching certificate programs	1 CEU per contact hour	Program title, instructor, date completed, CEUs earned	Certificate of attendance
Academic coursework	10 CEU per credit hour	Course title, college or university, date term completed, credits earned	Official transcript
Medical certificate programs	1 CEU per contact hour	Program title, provider, date completed, CEUs earned	Certificate of completion, provider contact information

* MD, PT, OT, ATC, RD, PA, RN, RT, PharmD, LMP