



RECERTIFICATION COACHING VERIFICATION FORM

Documentation of hours must show a minimum of **150 (for CCFT/CF-L3) or 300 (for CCFC/CF-L4) hours completed during the recertification interval**. These hours must be made up of group classes, private training, distance coaching, program design, and development/evaluation/mentoring of coaching staff, or other activities which constitute direct teaching. Administrative duties do not count toward this requirement. Each verifying individual or employment location needs a separate form. Download this form and fill it out completely, including original signatures. Ensure all contact information for the verifying individual is complete. The CrossFit Certification Department may contact this individual to confirm the information below. Upload completed forms to your recertification application.

Certificant Information

Name _____ CFID Email Address _____

Verifying Individual Information

Name _____ Email Address _____

Location of Coaching Hours _____

Address _____

City _____ State _____ Zip _____

Coaching Activities and Corresponding Hours

	Activity Name	Start Date	End Date	Hours
1				
2				
3				
4				
5				

Total Hours _____

Certificant Statement and Signature:

I, _____, hereby attest under penalty of perjury that the above information is true to the best of my knowledge and I have completed the number of coaching hours documented above. I am prepared to provide proof of the hours I have listed in the event of an audit. I understand that if I knowingly falsify any information I can have my credential revoked.

Signature _____ Date _____

Verifying Individual Statement and Signature:

I, _____, hereby attest under penalty of perjury that the above information is true to the best of my knowledge and the candidate has completed the number of coaching hours documented above. I understand that if I knowingly falsify any information this application can be rejected and/or the candidate's credential can be revoked.

Signature _____ Date _____